

Walking/Running a Marathon in a Month Log

Name: _____

Team Name: _____

Email & Phone Number: _____

Date:	Distance:	Time:
May 13		
May 14		
May 15		
May 16		
May 17		
May 18		
May 19		
May 20		
May 21		
May 22		
May 23		
May 24		
May 25		
May 26		
May 27		
May 28		
May 29		
May 30		
May 31		
June 1		
June 2		
June 3		
June 4		
June 5		
June 6		
June 7		
June 8		
June 9		
June 10		
June 11		
June 12		

When you complete your marathon, turn in your form to the Houston County Health Department, or email to: freds4@aol.com so we have a record of your completion date. Thank you for your participation!!